

# THE MOUNTAIN DULCIMER

The state instrument of Kentucky





# DULCIMER *FACTS!*

WHEN IMMIGRANTS FIRST SETTLED THE MOUNTAINS, THEY RECREATED INSTRUMENTS THEY HAD PLAYED BACK HOME IN EUROPE

EARLY DULCIMERS WERE MADE OUT OF SCRAP WOOD, OLD WOODEN BOXES, NAILS, AND STAPLES, ANYTHING THEY COULD FIND

THERE WAS LARGE CONCENTRATION OF DULCIMER BUILDERS IN EASTERN KENTUCKY

THE DULCIMER WAS THE FIRST INSTRUMENT INVENTED IN THE APPALACHIAN MOUNTAINS

THREE STRINGS





# WHO IS JEAN RITCHIE?

JEAN RITCHIE WAS BORN IN 1922 AND GREW UP IN VIPER IN PERRY COUNTY, KY

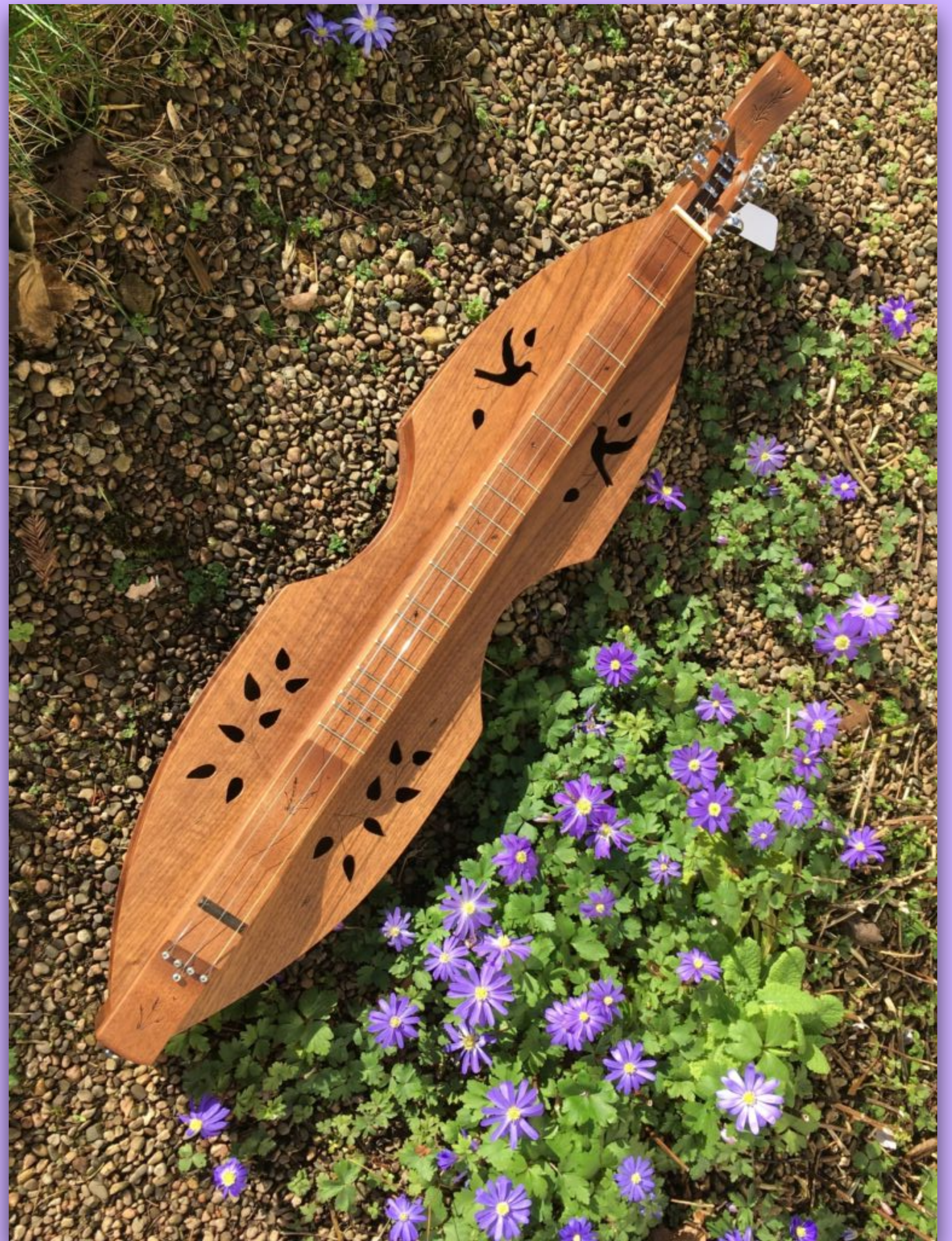
SHE TRAVELED AROUND THE WORLD PLAYING HER DULCIMER AND SINGING THE SONGS SHE WROTE ABOUT LIFE IN THE MOUNTAINS

SHE MADE THE DULCIMER MORE FAMOUS THAT IT HAD EVER BEEN

IN 2001, THE DULCIMER WAS DECLARED THE KENTUCKY STATE INSTRUMENT, PARTLY IN HER HONOR











**NOW IT'S YOUR TURN**



# BOIL THEM CABBAGE DOWN

*DAD TUNING*

2 2 2 2 | 3 3 3 3 | Boil them cabbage down, boys

2 2 2 2 | 1 1 1 1 | Bake those ho-cakes brown

2 2 2 2 | 3 3 3 3 | The only song that I can sing,

2 2 1 1 | 0  | Is boil them cabbage down.

# HOT CROSS BUNS

*DAD TUNING*

2 1 0 ~ | 2 1 0 ~ | Hot cross buns, hot cross buns

0 0 0 0 | 1 1 1 1 | One a penny, two a penny

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2 1 0 ~ | Hot cross buns

# SHORTNIN' BREAD

*DAD TUNING*

| 7 5 4 5 | 7 5 4 5 |

Put on the skillet, put on the lid

| 7 5 4 5 | 2 1 0 ~ |

Momma's gonna make a little shortnin' bread

| 0 5 4 5 | 0 5 4 5 |

Momma's little baby loves shortnin', shortnin'

| 0 5 4 5 | 2 1 0 ~ |

Momma's little baby loves shortnin' bread



DAC TUNING

# THE PEACE ROUND

WRITTEN BY JEAN RITCHIE

1 0 1 1 0

What a good-ly thing

1 1 2 2 3 4<sub>3</sub> 2

If the children of the world

5 4 5 3 4 5

Could dwell to - gether

3 2 1

In - peace



*today you learned how to play the...*

# MOUNTAIN DULCIMER



*For more information on free dulcimer lessons for 4th -12th grade students, visit [www.hindman.org](http://www.hindman.org)*